



## Inside this Issue!

Maker Meetup Class



New Read-Alongs  
in MackinVIA  
with human voice narration



Central Rivers AEA  
Summer Information

GetMedia Catalog opens  
May 6th, plus more.



*Central Rivers AEA  
welcomes new  
Executive Director of  
Media and Technology*

Start exploring with new  
AR/VR Expeditions Kits



Summer  
Reading 2019

So, let's avoid the slippery slope  
of summer slide. Encourage your  
students to keep reading all sum-  
mer long with eBooks and learning  
activities.



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# Read-along format has been added to your MackinVIA!

Mackin Read-Alongs are a special kind of eBook, featuring embedded human-voice narration synchronized with the words on the screen, which highlight as they are read. A read-along is the connection point between auditory and linguistic learning. It fuels the development of increased phonemic awareness, fluency, vocabulary, and reading comprehension skills. Most importantly, read-alongs build confidence.

## Benefits of Using Mackin Read-Alongs

- A read-along is an effective tool to support beginning, emerging, striving, and ESL readers of all ages, as they practice reading independently.
- Successful experiences with reading fuel young people to keep reading. Read-alongs provide positive experiences with reading for students of all abilities and motivate them to keep reading.

# What's New in AEA Digital Library (ADL)



## Fentanyl: The Deadliest Opioid - Full Program

Fentanyl is a powerful, deadly opioid that contributes to half of the overdoses in the United States. Opioid addicts usually begin their addiction with prescription pills, but before long the cost transitions them into heroin and fentanyl. © 2018, Human Relations Media (HRM)

Grade Level(s): 9 - 13+ Subject: Health Education | Drug Abuse



## Ada's Ideas - Full Program

Ada Lovelace (1815-1852) was the daughter of Lord Byron, a poet, and Anna Isabella Milbanke, a mathematician. Her parents separated when she was young, and her mother insisted on a logic-focused education, rejecting Byron's mad love of poetry. But Ada remained fascinated with

her father and considered mathematics poetical science. Via her friendship with inventor Charles Babbage, she became involved in programming his Analytical Engine, a precursor to the computer, thus becoming the world's first computer programmer. This picture book biography of Ada Lovelace is a compelling portrait of a woman who saw the potential for numbers to make art.

© 2017, Dreamscape Grade Level(s): 2 - 3 Subject: Math | Applied Mathematics

## The Fruits We Eat - Full Program

Berries, apples, melons and grapes; oranges, grapefruits, bananas--yum! This scrumptious collection of facts, a companion to The Vegetables We Eat, offers youngsters an inviting, information-packed cornucopia of favorite fruits. Gail Gibbons combines clear, simple wording

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One day, Ella had an emergency. Her little brother Tom's favorite bear had been catapulted by accident over Mr. Willis's fence. Ella had to get it back before bedtime.

Ella fetched the stepladder and put it up against the fence. Peering over, Ella could see Bear. She could also see thick shrubs, so she could not climb over.



Yellow highlights indicate the current sentence

Purple highlights emphasize the current word as it is read

The Iowa AEAs have just purchased over 100 Read-Along titles and have added them to your MackinVIAs. To locate these titles, use the Advanced Search feature and scroll down to More option. Select Read-along. Be sure to check them out!

# Save the Date!



## Maker Meetup: Let's Make & Create

July 30th - 9:00 a.m. - 3:00 p.m.  
Central Rivers AEA - Cedar Falls

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## Central Rivers AEA Summer Information

### Summer Hours for Central Rivers AEA

will begin Monday, June 10th and end Friday, August 9th. Office hours will be 7:30 AM - 4:00 PM during this period. Due to the variations in end of school year dates for school districts, the last regular AEA van stops to school buildings will be determined later this spring.

**Summer Van Delivery Schedules** will begin the week of June 10th and continue through August 7th. Delivery will be on either Tuesday or Wednesday with stops at district superintendent offices.

**PLEASE NOTE:** Again, this summer the AEA vans will be running our van routes every other week. These are the weeks that we **WILL** be making our summer stops **ONLY** at district offices:

- Week of June 10
- Week of June 24
- Week of July 8
- Week of July 22
- Week of August 5



**2019-2020 School Year** - Regular routes to all schools will resume the week of August 12th. Again, due to the variations in school calendars, stops at individual buildings/districts will be dependent on school in-service and start dates.

### Van Routes for 2019-2020

Each school building will receive a calendar listing for delivery dates for your building before school begins in the fall. If you have any questions regarding van delivery schedules, please contact: **Deb Culp**, Technical Support Manager for Media/Delivery Services Manager or **Kristine Kienzle**, Technical Support Assistant for Media.

### GetMedia Web Catalog opening

The GetMedia Web catalog will open on **Monday, May 6th** for summer and all 2019-2020 school year reservations.

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## Central Rivers AEA welcomes new Executive Director of Media and Technology



Central Rivers Area Education Agency (AEA) is pleased to announce that Jen Sigrist, currently Director of Personalized Learning and Innovation at Van Meter Schools, has been selected as the agency's next Executive Director of Media & Technology. Sigrist will assume the role on July 1. She replaces Karl Kurt, Central Rivers AEA Assistant Chief Administrator/Director of Human Resources, who stepped in as an interim director following the retirement in 2017 of Dr. Gerald Schnabel.

In her new position, Sigrist will oversee all staff members who provide media and technology support to over 65,000 students and 5,000 educators throughout 18-counties of north central and northeastern Iowa.

"We were very fortunate to have a number of incredible candidates for this position," said Sam Miller, Central Rivers AEA chief administrator. "Jen's leadership and reputation in the state in the areas of technology integration, personalized learning, and competency-based education made her the right choice at the right time for our agency. She brings a skill set that will lead our organization and our school districts to even greater heights."

Sigrist has served the Van Meter Schools since 2009 where she has created the vision and lead implementation of a professional learning community focused on innovation and teaching and learning. She is also the lead for innovative practices for Heartland AEA where she facilitates a network of school districts who share and learn about innovative practices that support personalized, competency-based education (CBE). In 2016, Sigrist also served the Iowa Department of Education as the lead facilitator of the CBE Collaborative for nine districts across the state.

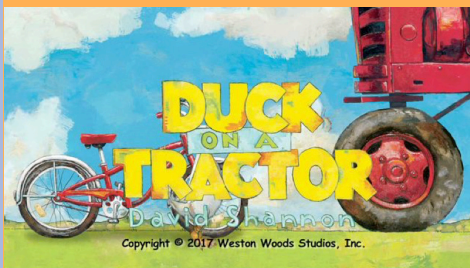
Sigrist earned a Bachelor of Arts degree in education, Masters degrees in curriculum and instruction as well as education leadership, and is engaged in work toward a Specialist degree in advanced leadership.

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with her signature illustrations to present fruit facts galore: the parts of fruits, where and how they grow, harvesting, processing, where to buy them, and how to enjoy them as part of a healthy diet. Once again, Gibbons proves a master at creating factual books through which young readers can explore details of nature at an accessible and engaging depth.

© 2017, *Dreamscape* Grade Level(s): 1 - 2 Subject: Science | Agriculture



### Duck on a Tractor - Full Program

Duck learns to drive a tractor and invites all of the farm animals join him as he drives into town. They pass the local diner and all of the humans inside cannot believe what they are seeing.

© 2017, *Weston Woods* Grade Level(s): PreK - 2 Subject: Language Arts | Reading

AEA Digital Library is part of the Iowa AEA Online suite of resources at [www.iowaaeonline.org](http://www.iowaaeonline.org). Access using your school building username and password. If you need assistance, please contact your school teacher librarian or one of the Central Rivers AEA librarians.

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# Summer Reading with MackinVIA ...Prevent the Summer Slide!

The only Summer Slide that's Cool.



Central Rivers AEA is providing a resource to encourage your students to keep reading all summer long with ebooks available through your MackinVIA library. We wish to equip teachers, parents & students with an easy to use website containing e-books and activities that will keep kids reading in the summer.



**2-3 MONTHS LOST**

of reading and math skills are lost over the summer

All young people experience learning losses when they do not engage in educational activities during the summer. Sitting idle for as long as three months could potentially undo the gains made throughout the year and affect how successfully a student will adjust to the coming new school year.

MackinVIA is an eBook resource that contains a collection of fiction and nonfiction titles for K-12 students. The collection has hundreds of titles and crosses all content areas. Central Rivers AEA teachers and students have 24/7/365 access to eBooks in MackinVIA by using their regular Iowa AEA Online building logins. A MackinVIA Reader app for different devices may also be utilized for reading eBooks offline.

A webinar was held last spring that outlined the summer reading program, gave information on accessing the website and planning for implementation. The archived version of this webinar can be found here: [www.centralriversaea.org/getmedia/getmedia-ebook-resources/summer-reading/](http://www.centralriversaea.org/getmedia/getmedia-ebook-resources/summer-reading/)

A specially designed website has been designed for K- 5 students and another for middle and high school students.

[centralriversaea.iwanttoread.org/elem](http://centralriversaea.iwanttoread.org/elem)

[centralriversaea.iwanttoread.org/sec](http://centralriversaea.iwanttoread.org/sec)

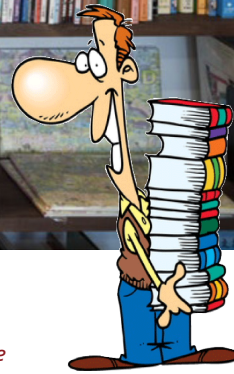
Please consider using the MackinVIA summer reading sites to encourage your students to read this coming summer!

Please contact one of the Central Rivers AEA librarians for any assistance you might need.

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# “DIVERSITY CREATES DIMENSION IN THE SCHOOL LIBRARY” A WORKSHOP FOR TEACHER LIBRARIANS

Available at all three regional offices  
May 1, 2019.  
Register via the CRAEA Professional Learning site.  
Course #179852 CR



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# Start exploring with Google Expedition Kits!

Have your students explore the world with virtual reality (VR) and augmented reality (AR) tours ...without leaving the classroom!

Call Central Rivers AEA Media Services at 641-844-2410 or 800-735-1539 7:30 a.m.–4:30 p.m., Monday–Friday to make a reservation.

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# Winter 2018 GetMedia Survey Results

Thank you to all educators who responded to the survey received via email after your use of Central Rivers AEA media materials. Your return of media materials automatically generated a survey asking 2 key questions:

**To what extent did this item assist in improving instruction?**

**To what extent did this item assist in improving student achievement/performance?**

The chart below gives a summary of the information that you provided. We were pleased with the percentages of Extensive or Moderate impact through your use of the materials.

## Oct 18-Nov 29, 2018, Medianet Needs Assessment - Response Summary

|                             |       |
|-----------------------------|-------|
| Total # of Medianet Returns | 4497  |
| Survey Responses*           | 192   |
| Percentage of respondents   | 4.27% |

| Response Summary              |             |            |          |            |
|-------------------------------|-------------|------------|----------|------------|
| Questions                     | Extensively | Moderately | Slightly | Not at All |
| Improving Instruction         | 63          | 73         | 27       | 9          |
| Percentage                    | 32.81%      | 38.02%     | 14.06%   | 4.69%      |
| Improving Student Achievement | 59          | 63         | 32       | 12         |
| Percentage                    | 30.73%      | 32.81%     | 16.67%   | 6.25%      |

\*Technical issue with final date for returns

Within the survey, there was the opportunity to give feedback and/or make requests for additional purchases by the AEA. One example would be the purchase of several nonfiction Playaway books and units at the request of a teacher.

Each of you who completed the survey either has or will be hearing from an AEA Media Services librarian to answer any questions you may have had, to share further resources with you or as a thank you for your participation.

*We appreciate your feedback!*

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# Social and Emotional Learning Resources

## All learning is social and emotional : helping students develop essential skills for the classroom and beyond

370.15 FRE Frey, Nancy 856407  
Professional Book

194 p. A 2019 ASCD

While social and emotional learning (SEL) is most familiar as compartmentalized programs separate from academics, the truth is, all learning is social and emotional. What teachers say, the values we express, the materials and activities we choose, and the skills we prioritize all influence how students think, see themselves, and interact with content and with others. If you teach kids rather than standards, and if you want all kids to get what they need to thrive, Nancy Frey, Douglas Fisher, and Dominique Smith offer a solution: a comprehensive, five-part model of SEL that's easy to integrate into everyday content instruction, no matter what subject or grade level you teach—Publisher.

Social learning; Affective education; Learning, Psychology of

## Building resilience in students impacted by adverse childhood experiences : a whole-staff approach

371.9 ROM Romero, Victoria E. 856051  
Professional Book  
220 p. A 2018 Corwin, a SAGE company

"Learn how to integrate trauma-informed strategies into daily instructional practice through expanded focus on the different experiences and unique challenges of students impacted by ACEs in urban, suburban, and rural schools, including suicidal tendencies, cyberbullying, and drugs; behavior as a form of communication and how to explicitly teach new behaviors; how to mitigate trauma and build innate resilience through a read reflect, and respond model"—OCLC.

Post-traumatic stress disorder; Social adjustment; Anxiety in children

## Calm classroom : in 3 minutes help your students develop self awareness, focus, emotional resilience : elementary and middle school

371.102 LUS Luster, Jai 857279  
Professional Book  
87 p. A 2015 Luster Learning Institute

"From preschool through high school, Calm Classroom creates a more peaceful and positive school culture by introducing students to simple mindfulness techniques that develop their capacity for self-regulation, attentiveness, and the management of stress and anxiety. Calm Classroom's simple research-based techniques are integrated 3 times into the daily classroom schedule. This book can be implemented school-wide, in

individual classrooms, or during counseling sessions with students. Calm Classroom develops internal skills and habits, prepare students and staff to build more peaceful and brighter future for themselves, their families and our society."—Page 4 of cover.

Classroom management; Affective education

## The deepest well : healing the long-term effects of childhood adversity

618.92 HAR Harris, Nadine Burke 852843  
Professional Book  
251 p. A 2018 Amazon.com

Explores the relationship between adverse childhood experiences (ACEs) and adult health problems, drawing on scientific insights and personal stories to outline beneficial health interventions.

Child abuse; Anxiety in children; Trauma

## Embracing a culture of joy

370.15 SHA Shareski, Dean 852260  
Professional Book

58 p. A 2017 Amazon.com

*Solutions for creating the learning spaces students deserve Series* - Although fun is sometimes seen as a barrier to real learning, joy is a vital part of effective education and motivates students to connect with what they're learning. Learn how to have meaningful conversations about where joy gets left out in schools, and discover how to equip students with the skills and qualities they'll need to achieve academic success, as well as to live fulfilling lives, by bringing joy to classrooms each day.

Emotions; Motivation in education; Affective education

## Engage the brain : how to design for learning that taps into the power of emotion

370.15 POS Posey, Allison 856019  
Professional Book

188 p. A 2019 ASCD

Research on the brain shows that emotion plays a key role in learning, but how can educators apply that research in their day-to-day interactions with students? This book is a practical, informative guide for understanding how to capture the brain's incredible power and achieve better results with all students.

Affective education; Learning, Psychology of; Cognitive styles in children

## The Guilford practical intervention in the schools

*For descriptions see individual titles:*

Promoting student happiness : positive psychology interventions in schools

## How to reach the hard to teach : excellent instruction for those who need it most

371.826 ECH Echevarria, Jana 853533  
Professional Book

174 p. A 2016 Amazon.com

Presents a practical approach to achieving breakthrough success with linguistically and culturally diverse students who struggle in school that combines elements of the SIOP model and the FIT Teaching approach.

Children with social disabilities; Linguistic minorities; English Language Learners (ELL)

## Merrell's strong kids, grades 6-8 : a social & emotional learning curriculum

370.15 ENG Carrizales-Engelmann, Dianna 855795  
Professional Book  
258 p. A 2016 Amazon.com

This book has a research-based curriculum for educators that can be used across all developmental levels to promote social-emotional skills and competencies. It is filled with classroom activities that help students develop vital life-long skills, including understanding emotions, managing anger, relieving stress, solving interpersonal problems.

Social education

## Mindfulness practices : cultivating heart centered communities where students focus and flourish

370.15 MAS Mason, Christine 857154  
Professional Book

188 p. A 2019 Amazon.com

Build compassionate classroom environments and mindful schools that prioritize high levels of achievement and high levels of well-being. Based on the latest neuroscience research, this book details how mindfulness in schools can lead to new, improved ways of educating, learning, and living. The book's mindful education exercises are easily adaptable across grade levels – from prekindergarten through high school – as well as across urban, suburban, and rural school settings.

Mindfulness (psychology); Affective education; School environment

## Promoting student happiness : positive psychology interventions in schools

371.7 SUL Suldo, Shannon M. 852341  
Professional Book

273 p. A 2016 Amazon.com

*The Guilford practical intervention in the schools Series* - Grounded in cutting-edge research, this book shows how interventions targeting gratitude, kindness, character strengths, optimistic thinking, hope, and healthy relationships can contribute to improved academic and social outcomes in grades 3-12. It provides a 10-session manual for

# Social and Emotional Learning Resources

promoting subjective well-being—complete with vivid case examples—that can be implemented with individuals, small groups, or whole classes. Factors that predict youth happiness are discussed, evidence-based assessment tools presented, and ways to involve teachers and parents described.

Educational psychology; School mental health services

## **Solutions for creating the learning spaces students deserve**

*For descriptions see individual titles:*

Embracing a culture of joy

## **The trauma-informed curriculum for social-emotional learning, preschool-early elementary**

371.94 ROG Rogers, Kara J. 855235 Professional Book 190 p. A 2018 Beyond Consequences Institute

For young children who have experienced or continually experience trauma, supportive, loving, and strong relationships are critical to their ability to heal and to learn. This curriculum was created from the primary author's direct experience in working with young children impacted by trauma. It has been tested and approved by our young learners! This is a must have resource if you are working with children impacted by trauma. It will give you the tools you need to help them build and develop the skills to successfully express themselves at the social and emotional levels.

Stress in children; Stress (Psychology); Anxiety in children; Trauma

## **The trauma-sensitive classroom : building resilience with compassionate teaching**

370.15 JEN Jennings, Patricia A. 857153 Professional Book 200 p. A 2019 Amazon.com

In this book, Tish Jennings—an internationally recognized leader in the field of social and emotional learning—shares research and experiential knowledge about the practices that support students' healing, build their resilience, and foster compassion in the classroom. In Part I, Jennings describes the effects of trauma on body and mind, and how to recognize them in students' behavior. In Part II, she introduces the trauma-sensitive practices she has implemented in her work with schools. And in Part III, she connects the dots between mindfulness, compassion, and resilience.

Emotional intelligence: Stress in

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## YOUR CENTRAL RIVERS AEA MEDIA CONTACTS

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## **CENTRAL RIVERS MEDIA SERVICES INFORMATION**

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**Phone: 641/844-2410 or 800/735-1539**

**Hours: 7:30am - 4:30pm Mon-Fri**

**Summer Hours: 7:30am - 4:00pm Mon-Fri**

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